

Workers Compensation Guide

15 Secrets That Could Save You Thousands

1. Never give a recorded statement to your workers compensation insurer without talking to an attorney first.
2. Don't forget about medical mileage reimbursement which is currently 56.5 cents per mile for all medical travel. Medical mileage must be submitted on a reimbursement form (*see attached*).
3. Always calculate your own average weekly rate and dependants to obtain your workers compensation disability rate. Do not rely on your workers compensation insurer.
4. You only have to see the employer's doctor one time and then you can choose your own doctor. However, in the life of a workers compensation case you can only change doctors one time with no questions (so only use this privilege when necessary). Referrals are not changes of doctors.
5. Never assume that because you have a pre-existing condition you do not have a compensable industrial accident (unusual and extraordinary exertion). Telephone an attorney to explain the law and find out their opinion.
6. Never think that if you receive a denial of your workers compensation claim from the workers compensation insurer that you do not have a claim.
7. Never think the workers compensation nurse case manager works for you.
8. Never think a vocational rehabilitation counselor from the workers compensation carrier works for you.
9. Never think a workers compensation case is too old, unless you have spoken with an attorney.
10. Be sure to investigate a permanent partial impairment rating and settlement on every workers compensation case.

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11. If you have an industrial accident seek medical treatment immediately.
12. Please seek medical treatment continually on every part of the body injured in the accident.
13. Report the accident to your supervisor by email or text message.
14. If there is a "Modified Duty" offered, call an attorney.
15. Review your case for third party liability or contact Jeff Cottle.

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